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## LAURA MCLAUGHLIN, M.Ed., LMFT, LMHC

### EDUCATION:

University of Massachusetts Master of Education Counselor Training Marriage and Family Therapy Concentration	1995
University of Massachusetts Bachelor of Arts Psychology	1992
Johnson and Wales University Associate in Science H&R Management	1988

### PROFESSIONAL EXPERIENCE:

Laura McLaughlin, LMFT, LMHC Equine Assisted Psychotherapy Practice <a href="https://lauramclaughlin.org">https://lauramclaughlin.org</a>	Chelmsford, MA 2015 – Present
North Star Guidance Center, Inc. President / Executive Director / Clinician <a href="https://northstarguidancecenterinc.com">https://northstarguidancecenterinc.com</a>	Chelmsford, MA 2007 - Present

### TEACHING EXPERIENCE:

University of Massachusetts Department of Counseling and School Psychology Adjunct Lecturer	Boston, MA 2015 - 2016
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### PROFESSIONAL LICENSES:

Massachusetts Board of Allied Mental Health Licensed Marriage and Family Therapist License #1132	1997- Present
Licensed Mental Health Counselor License #6292	2007 – Present

### PROFESSIONAL CERTIFICATIONS:

Eye Movement Desensitization and Reprocessing Certificate Program	2008
AAMFT Approved Supervisor Designation	2009
New England Society for Clinical Hypnosis Basic Training	2012
EAGALA Model Certification	2014
Equilateral Model	2014
Neurofeedback	2016

### PROFESSIONAL MEMBERSHIPS:

American Association for Marriage and Family Therapy	1992
New England Society for the Treatment of Trauma and Dissociation	2010
International Society for the Treatment of Trauma and Dissociation	2010
Equine Assisted Growth and Learning Association	2014
EMDR International Association	2015
Chelmsford Business Association	2010